

## ABSTRACT OF THE DISCLOSURE

An elongated sanitary napkin has deflectable longitudinal side edges formed by an edge or peripheral seal along the opposite sides of an absorbent. A garment attachment panel is secured to the underside of each side edge. A fixed portion of the panel is bonded  
5 flat against the side edge so that a free portion of the panel, extending from the fixed portion, is directed inward and downward. During use, the panels are fastened together beneath an undergarment crotch portion by hook and loop type fastener. Fastener and panels are sized so that when fastened the panels exert a pull on the side  
10 edges, controlling their deflection and, for example, preventing them from folding in over the absorbent. The garment attachment panels confine the undergarment crotch portion under the absorbent so that, for example, an elasticized edge of the crotch portion is prevented from pulling up and onto the absorbent.

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